



# OCCUPATIONAL SKIN MANAGEMENT COURSE

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## A PRACTICAL APPROACH TO OCCUPATIONAL SKIN MANAGEMENT

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A one-day course to provide you with what you need to know to set up and operate a skin management system that will minimise any risk of damage to health due to workplace skin exposure.

The cost of the course is **£275** excl. VAT, to book please [click here](#) . Discounts are available for multiple bookings, for more information on this contact us .

## WHAT DOES THIS COURSE COVER?

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- 🎯 Essential information on how our skin interacts with the working environment and the potential consequences (contact dermatitis, urticaria, systemic toxic and respiratory effects from skin exposure)
- 🎯 Why we cannot consider inhalation, ingestion and skin exposure as separate topics
- 🎯 Essential facts about chemical hazards and how to identify what is really present in the workplace (not what is on the safety data sheet)ERASE - a unique approach to skin exposure risk assessment
- 🎯 Techniques for managing skin exposure, including what is needed to ensure personal protective equipment, such as gloves, coveralls, etc., is really working for you
- 🎯 What is involved in an effective skin care system
- 🎯 The why, when and how of skin health surveillance
- 🎯 How to investigate and manage a suspected occupational skin problem
- 🎯 How to establish what changes you need to make to create an effective skin management system in your workplace - without unnecessary cost

## WHO IS THIS COURSE FOR?

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This course is intended for anyone interested in ensuring that their own workplace does not put persons' health at risk due to workplace skin

exposure. This includes:

-  Health and safety practitioners
-  Occupational hygienists
-  Occupational health practitioners
-  HR personnel
-  Factory managers, etc.

## WHAT ARE ITS AIMS?

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This course will provide participants with practical tools and the associated knowledge to be able to make a real difference in standards of skin management in the workplace that they are responsible for.

## HOW DO WE ACHIEVE THIS?

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The course leader, Chris Packham, combines a technical background, gained in many different industries and environments, with an in-depth knowledge of how the skin interacts with the (working) environment. This enables him to take a unique approach, developed from over 30 years involvement in skin and the working environment. EnviroDerm Services is a small, highly experienced team concerned specifically with this aspect of health and safety. Chris has been described by a leading European dermatologist as :

*"...the international expert in the field of risk assessment in occupational settings related to skin hazards."*

*"Chris and his daughter, Helen, are THE experts on skin protection in the workplace" - Anne Harriss, Reader in Educational Development and Course Director, London South Bank University.*

As EnviroDerm Services are independent of all manufacturers and suppliers of skin care products, gloves, etc., you can be confident of an objective and realistic approach to what is a more complex topic than many realise, based on the latest knowledge about our skin and its interaction with our environment and how this can be managed.











*"I enjoyed it all, it was all fantastic..." - Claudette Nicholls, SPS Aerostructures"*

*"A very informative course, well structured, full of relevant stories applicable to a wide variety of working environments..." - George Elliott, 3M"*

## COURSE CONTENT




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This course will address the following topics:

-  The problem - to set the scene the course will look at data on the prevalence, incidence and cost of occupational skin disease
-  Legal and regulatory aspects - what the law requires regarding workplace skin exposure and how might you comply with this
-  About our skin - 1: Our skin as an organ, how it is structured, what it does for us and how it does it
-  About our skin - 2: The damage to health that can result from workplace skin exposure (including systemic toxic effects), links with and effects on the skin of inhalation and ingestion - other factors that can affect the skin and cause skin problems - the consequences for employee and employer
-  Risk assessment - A structured approach including factors such as - identifying the real hazard when chemicals are used (frequently not what is on the safety data sheet) - assessing skin exposure (extent, frequency, duration) - determining the significance and the action required. This section will include a number of real life examples. It will also include information on ERASE, a novel approach to risk assessment for workplace skin exposure that can be used by the non-expert.
-  Risk management - How do we manage skin exposure in the workplace? This section will examine the hierarchy of exposure management techniques, including aspects such as 'prevention through design', technical/engineering methods to eliminate exposure (including the relevance of LEV for skin exposure), the selection and correct use of personal protective equipment (especially gloves for chemical protection), job rotation, etc.
-  The role of skin care - the role of skin care, selection of skin care products, design of washing facilities, and including the issue of prevention of infection (if appropriate)
-  Skin health surveillance - why, when and how a pro-active approach using modern scientific techniques can assist in ensuring adequate skin exposure control.
-  Investigating and managing a suspected skin problem in the workplace - techniques required for an effective investigation of a suspected occupational skin problem - scientific and medical techniques available - and the creation of a system to manage skin problems within the workplace.
-  Developing an occupational skin management system - a structured approach to the development and implementation of an occupational skin management system.

## LEARNING OUTCOMES

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-  An overview of the complexity of the interaction between the skin and the environment and its importance for the prevention of damage to health due to workplace skin exposure
-  Awareness of the myths and misinformation that exist about skin and how to avoid the pitfalls that await the uninformed
-  Knowledge of the special factors that affect risk assessment for workplace skin exposure and a structured approach to this and skin exposure management

-  An understanding of the processes required in the selection and use of personal protective equipment (particularly gloves) for effective control of skin exposure to chemical hazards
-  The role of skin health surveillance and the benefits of a pro-active approach.
-  How to investigate and manage a suspected occupational skin problem
-  What is involved in developing and operating an effective skin management system
-  When to seek specialist advice and guidance and where to find this

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